

MONTHLY BULLETIN

JANUARY 2023



مركز الملك سلمان
للإغاثة والأعمال الإنسانية
KING SALMAN
HUMANITARIAN AID & RELIEF CENTRE

BITES OF ENERGY TO VULNERABLE COMMUNITIES

Dates are a nutrient-rich fruit that support digestive and heart health. They are high in fiber, contain antioxidants, are easily digested and are a good source of energy. Millions of people around the world suffer from food insecurity. Internally displaced people (IDPs), refugees and others in need, particularly in developing countries, often do not have regular access to nutritious food, a situation which can lead to lowered levels of immunity, diseases and even malnutrition. The health benefits and energy value of dates makes the fruit an excellent choice to provide to food insecure communities.

Each year, the Kingdom of Saudi Arabia's "Gift of Dates" program, through KSrelief, provides hundreds of tons of locally produced dates to countries around the world to provide nutritional support to people in need. KSrelief provides food assistance to help vulnerable communities survive, recover and regain stability, including valuable support to countries and communities that host refugees and IDPs. The "Gift of Dates" program annually reach millions of beneficiaries across four continents – Asia, Australia, Europe and Africa.



“GIFT OF DATES” PROGRAM 2022:


+4 Million
Beneficiaries


+10,000
Tons of Dates


61
Projects


USD **35.4**
Million


53
Countries

FOOD BASKETS

DISTRIBUTION PROJECT 2022

Famine and lack of food security in needy and developing countries are among the greatest challenges faced by the international humanitarian community, threatening the lives of millions of people worldwide. KSrelief plays a leading global role in the fight against famine, helping to meet the nutritional needs of children, mothers and other at-risk groups. KSrelief implemented Food Baskets Distribution Project 2022 to contribute to bridging the food gap for needy families.

KSrelief ensures that the food baskets have a high nutritional value, and can meet the needs of a family of six people for one month. Each basket contains staple food items such as rice, flour, sugar, oil, salt and legumes, although basket items may vary according to local requirements in the beneficiary country.



ALBANIA



AFGHANISTAN



BANGLADESH



BENIN



CHAD



ETHIOPIA



GHANA



INDONESIA



JORDAN



KOSOVO



LEBANON



MACEDONIA



MALI



MAURITANIA



MOZAMBIQUE



MYANMAR



NIGER



NIGERIA



PAKISTAN



PALESTINE



SOMALIA



SUDAN



SYRIA



TAJIKISTAN



YEMEN



+500,000
Food Baskets



+1.5 Million
Beneficiaries



25
Projects



+101 USD
Million



25
Countries

KSRELIEF

WINTER KITS

DISTRIBUTION PROJECT

SUPPORTS ALL IN NEED

KSrelief not only distributes winter kits, but also provides payment vouchers to beneficiary families to enable them to buy winter clothing from selected stores.

Asmaa Saidi, a single Jordanian mother of three from the Zarqa governorate, lives at her parents' house, and cleans houses for a living. "I was contacted by the Directorate of Social Development," she said, to come to receive some items. When I went there, I was given a "winter kit" consisting of two blankets and a large green bag." "On my way home," she added, "I got curious, so I opened the bag a bit and found that it contained variety of winter clothes. I ran the rest of the way home, eager to see what they were! When I got home, I opened the bag, and found large and small coats, scarves, gloves, and woolen shawls for both adults and children. I was very happy! It was such a gift. I couldn't remember the last time I'd received a gift."

"I've lived with my family," Asmaa explained, "since I separated from my husband, who has not visited his children or given them money or support. My entire family, which has a large number of members for such a small house, welcomed me and my children despite their difficult living conditions."

"I gave my children the smaller clothes," Asmaa continued, "And what made me even happier was that I was able to return a small favor to my family by giving my brothers, Muhammad and Hassan, the two larger coats. They work all day as car mechanics in very cold garages, and they were so grateful! At night, when it was time to sleep, I almost cried when I saw how excited and happy my children were about their new blankets, which are excellent, and so warm during the bitterly cold winter weather here."

"I can only thank KSrelief so much for this assistance," Asmaa concluded, "which came at just the right time to help my family. This winter assistance is very useful to us – even more valuable than money or food."





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